

CSIR

LEAGUE RACE

19 OCTOBER 2024

ROAD RACE

POWERED BY
bestMed

RACE

**CSIR MAIN CAMPUS,
MEIRING NAUDE ROAD,
BRUMMERIA, PRETORIA**

RUN AND WALK | 21.1 KM/10 KM | 06:00

CUT-OFF TIME IS 09:15

Any participant taking part in the 21.1 km who has not reached the Main Gate at 08:30 will not be permitted to complete it for safety reasons.

RUN AND WALK | 5 KM | 06:10

RACE VENUE

START AND FINISH is at the CSIR Main Campus, Meiring Naude Road, Brummeria, Pretoria



www.entryninja.com

21.1 KM | 10 KM | 5 KM

ONLINE ENTRIES: www.entryninja.com | **RACE RESULTS:** results.fishtime.co.za

RACE	ONLINE ENTRY FEE	LATE ENTRY FEE	MINIMUM AGE	START TIME	CUT OFF	PRIZE GIVING
21.1 KM	R200	R230	16 years	06:00	09:15	09:00
10 KM	R150	R180	14 years	06:00	08:00	09:00
5 KM	R50	R60		06:10		



RACE INFORMATION

- **Non-licensed athletes** in the **10 km and 21.1 km** events must buy a temporary licence for **R60**.
- **Free entry for 70+** and **blind athletes** online and at Runaway.
- **Participation at own risk**; the organisers accept no responsibility for any loss, damage or injury.
- **Race results** will be published on **results.finishtime.co.za**.

ENTRY INFORMATION

- **Online entries** open on **01 August 2024** and close on **15 October 2024, at midnight**
- **Online entries** at **www.entryninja.com**
- **Run-A-Way Sport** - 302 Freesia Street, Lynnwood Ridge, **012 361 3733**
- **Late entries** by means of QR code. **Athletes have until 24 hours** after the race to register.
- **DEBIT/CREDIT CARD PAYMENTS ONLY FOR LATE ENTRIES (No Cash)**

ENTRY COLLECTIONS

- **FRIDAY, 18 OCTOBER 2024**, at the **CSIR Sports Office, South Gate**, Meiring Naude Road, Brummeria from **14:00 - 18:00**
- **SATURDAY, 19 OCTOBER 2024**, at **CSIR Campus, North Gate**, Meiring Naude Road, from **04:30 - 05:50**

MEDALS

- GOLD** - all category winners and **1st man** and **1st woman** for **5 km Fun Run**
- SILVER** - second place man and women in open categories km
- BRONZE** - first 4000 finishers within the cut-off time

ENQUIRIES

TEL: 012 841 0490

EMAIL: secretary@csirrunner.co.za

RACE RULES

- The race must be run in accordance with the rules of ASA and AGN.
- Athletes who are registered for the 10 km and 21.1 km races must wear the ASA 2024 license on the front and the back of the running vest. The official race number must be on the front of the vest and must not cover the logos on the license number.
- Temporary licensed athletes for the 10 km and 21.1 km races must wear the required temporary license at the back of the vest.
- All licensed athletes competing for category prizes must wear numeric category tags clearly visible on the back and front of the vest. Proof of age for prize winners will be required.
- Walkers competing for prize money must wear a clearly visible "W" tag on the front and the back of the vest.
- No seconding is allowed.
- No iPods or any listening devices are allowed.
- No blades, cycles or mechanically operated devices allowed in the race.
- No dogs allowed.
- The minimum age for 21.1 km is 16 years and 14 years for 10 km.
- Participants are required to obey the instructions of all traffic officials, race marshals and race referees.
- Runners are not allowed to run in someone else's number. Substitution allowed at registration only.

GENERAL

- Parking is at your own risk.
- Clubs must use the entrance in Meiring Naude Road, Brummeria, Gate 3, North Gate and must please drop off their trailers and gazebos in the designated spots and demarcated areas. Clubs are requested to set up Club trailers and gazebos on Friday, 18 October 2024 between 16:00 and 19:00.
- The gate will be closed for vehicular traffic at 04:30 on race day. Only pedestrians will be allowed access from 4:30 to 11:00.
- A tog bag area will be available.
- Club gazebos are welcome and fire extinguishers are mandatory if a gas braai is used.
- Participation is at own risk. The organizers, sponsors, CSIR or any agents accept no responsibility for any loss, damage, or injury.
- Baby strollers are welcome on the 5 km run. NO strollers allowed on the 10 km and 21.1 km routes as the route profile is not suitable.
- Wheelchair athletes for the 10 km and 21.1 km races are not allowed due to the route profile of the race.
- Medical assistance will be available.
- Refreshment stations (water and coke) will be at approximately every 3 km.
- The entry fee is not refundable.
- Please do not litter. Do not discard water sachets or cups in the gardens and drains.
- Any participant who is running 21.1 km who has not reached the Main Gate at 08:15 will not be permitted to complete the race. This is for safety reasons.
- The cut-off time is 09:15.

PRIZE MONEY

- No category tag, no prize money
- All prize money will be paid via eft on the first business day after the race, proof of banking details to be supplied at prize giving
- Category winners must be present at prize giving to be eligible to receive the prize money.

RUNNERS 10 KM CATEGORY		
Open Runners	Male	Female
First place	R750,00	R750,00
Second place	R300,00	R300,00
Third place	R150,00	R150,00
First Veteran: 40 - 49	R300,00	R300,00
First Master: 50 - 59	R200,00	R200,00
First Great Master: 60 - 69	R150,00	R150,00
First Great-Great Master: 70+	R100,00	R100,00

RUNNERS 21 KM CATEGORY		
Open Runners	Male	Female
First place	R1 500,00	R1 500,00
Second place	R600,00	R600,00
Third place	R250,00	R250,00
First Veteran: 40 - 49	R400,00	R400,00
First Master: 50 - 59	R250,00	R250,00
First Great Master: 60 - 69	R200,00	R200,00
First Great-Great Master: 70+	R100,00	R100,00

WALKERS 10 KM CATEGORY (no age categories)		
Walkers	Male	Female
First place	R300,00	R300,00
Second place	R200,00	R200,00
Third place	R100,00	R100,00

WALKERS 21 KM CATEGORY (no age categories)		
Walkers	Male	Female
First place	R500,00	R500,00
Second place	R250,00	R250,00
Third place	R150,00	R150,00