26/01/2025

Good morning, team members,

I hope you are having a good year thus far. I am cheerful that we are up to the minute with our aspirations and targets for the year. We are having our third time trials of the year tomorrow, and the enthusiasm is exciting and powerful. I am grabbed by the number of our runners who participated at the PwC George Claasen and Wonderpark Akasia Road Race discretely. Our next one is the ACE Annual Road Race at the Eersterust Soccer Stadium on the 08/02/2025.

I could never thank you enough for everything you have presented in a short stretch of time, which is passion, perseverance, integrity, and drive. You have it all, guys, and I am beyond honored to be a part of this team that I can now call family.

Just like most sports, I have come to learn that running requires an intense amount of physical and mental toughness. Well, that is exactly what this team has. This team continuously applies themselves at every practice, every race, and every day. You all show up and set forth the effort every coach, every team, and every crowd wants to see. This team is built on the shoulders of each and every one of you tenacious athletes who have a drive like no other.

Our Valentine's time trial and social function is within reach. Let's go on a razzle and make it a spectacle. Let's continue to make progress as we have a lot to achieve this year. You can also look into our other communication platforms (X, Facebook and WhatsApp) correspondingly.

We'll catch up soon

Best regards

Gabonewe Setshedi

Communications and Newsletter